



SIMPLIFIED RULES

1. The game of Futsal is played on an indoor or outdoor court, the field size of the court measures from 15mtrs wide to 30mtrs long, or for International Standard it will be 40mtrs x 20mtrs with 3mtrs x 2mtr goal posts.
2. From a kick-off, the ball can be played in any direction. A goal may be scored directly from a kick-off.
3. A team consists of 5 players, 4 court players and 1 goalkeeper; the maximum number of players in a team is 14.
4. No tackling from behind or dangerous slide tackling is allowed. Sliding to intercept and/or block a pass or shot is allowed.
5. Dangerous play is not allowed.
6. All players MUST BE REGISTERED with North Coast Futsal.
7. SHIN PADS ARE COMPULSORY.
8. LONG SOCKS COVERING THE SHIN PADS ARE COMPULSORY.
9. Players are not permitted to use objects that might endanger them or others, including any kind of accessories, jewellery and/or glasses.
10. Unlimited 'flying' substitutions. Players can re-enter the game as many times without notifying the referee, this also includes the goalkeeper (games will not be stopped for substitutions). Substitutions must be made in the substitution area. A substitute player can only enter after the player they are substituting is off the court.
11. There is NO offside in Futsal, and players can score from anywhere in the court of play.
12. When the ball goes out over the sideline, it is then placed on the sideline; it must be stationary and kicked into the court to another player. All opposing players must be at least 5 metres from the ball.
13. A goal cannot be scored directly from a side kick, but it can, from a corner kick.
14. The goalkeeper must not receive the ball with his hands if it comes from one of his teammates. A ball must not be passed to the goalkeeper by any of his team mates twice, unless the ball has touched the opposition player or it has gone out of play, which then resets that ability to pass to the goalkeeper.
15. The goalkeeper is allowed to drop-kick the ball or play the ball to himself if it is done within 4 seconds and the ball is in play, not from goal throw. The goalkeeper has unlimited time and touches if he is on his attacking half of the court.
16. The Goal Clearance or Goalkeepers throw happens when the goalkeeper throws the ball from the marked goal area to restart play after the ball has gone over the goal line, last being touched by an attacking player. The GK must not throw the ball over the halfway line from a goal clearance in younger age groups.
17. The game has a 4 second time limit at all kick-ins, corner kicks and free kicks.
18. Free Kicks, the opposition must be back 5mtrs from the taking of any free kicks, unless the team awarded the free kick decides to take a quick free kick.
19. Hand ball is when a ball touches a player from the shoulder down (not including the shoulder). A deliberate hand ball will be awarded with a direct free kick/penalty to the opposition. An accidental hand ball will be awarded an indirect free kick to the opposition; unless the opposing team gains advantage (advantage rule); this decision is up to the referee's discretion. Female players are allowed to protect their chest area and male players are allowed to protect their groin area with their hands and arms, as long as there is no movement of the hands and arms towards the ball.
20. Each team may commit 5 team fouls per half, any fouls after the 5th will be penalised with a 10-meter penalty shot by the opposition.
21. During the game, a referee has the option of using 2 cards, Yellow and Red. Referees have the right to warn and ask to leave the Stadium, any spectator, player or coach that they feel is disrupting the game.